

[Subscribe](#)[Past Issues](#)[Translate ▼](#)[View this email in your browser](#)***The Heart to Heart***

NTRWA

Founded March 1983

Chapter 33, Region 5

May 2022

Volume 40, Issue 5

MAY 2022 NEWSLETTER**CHAPTER MEETING INFORMATION**

3rd Saturday of each month

11:00am: General Speaker

12:00pm: Business Meeting

La Hacienda Ranch

5250 HWY 121 Colleyville, TX 76034

2020-2021 BOARDAudra Lewandowski
*President*Chrissy Szarek
*President-Elect*Clover Artrey
*Secretary*Jen FitzGerald
*Treasurer*Celia Naples
*Programs Director**Membership Director*

I positively loved hearing Susan Stoker at Two-Step. How about y'all? Have you implemented any tips she gave us? I'd love to hear from you. Email me or post it on our Facebook page.

This month's meeting is in person. Shayla Raquel is presenting Your Book Marketing Recipe for Sizzling Sales.

What else would you like to see? Got an idea for a great speaker? Please let Celia know. We have some speaker openings the last half of the year.

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Audra Lewandowski
*Texas Two-Step
 Conference*



“when you’re young, your body takes care of you. When you’re old, you take care of your body.” How true is that?

What do you do to take care of your body? Workout? Take vitamins? Intermittent fasting? Personally, I’ve gotten into yoga. I love how it helps my lower back and makes my body push its limits. And many of you know, I’m a huge fan of vitamins and supplements. Vitamin C played a huge part in zapping some inflammation I had. Wow! Something so simple. To this day, I take about 3,000 mgs every day.

Some people meditate, swim, or workout with a friend. Whatever it is that helps to keep you healthy, don’t stop. Sometimes the best healthcare is self-care.

Hugs!
Audra



Shayla Raquel Presenting

Your Book Marketing Recipe for Sizzling Sales

From authentic branding to social media, from your website to consistency, I’ll cover everything you need to know so you can create a tribe of book ambassadors and do the author thing forever. This is my most popular class!

BIO:

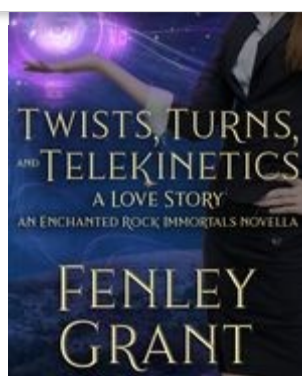
A self-publishing mentor, best-selling author, and public speaker, Shayla Raquel works one-on-one with writers every day. A lifelong lover of books, she has

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Her award-winning blog teaches new and established authors how to write, publish, and market their books.

She is the author of the Pre-Publishing Checklist, “The Rotting” (in *Shivers in the Night*), *The Suicide Tree*, *The 10 Commandments of Author Branding*, *All the Things I Should’ve Told You*, and “Savage Indulgence.” In her not-so-free time, she studies all things true crime and obsesses over squirrels. She lives in Oklahoma with her husband and three fur babies.



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1. Please remember to like our FB page: (20+) [North Texas Romance Writers | Facebook](#) This is the best way to get notifications on meetings.
2. If you'd like to write an article for our newsletter, please send it to marsha@marsharwest.com not later than the 25th of the month. Thanks.
3. Send in your inspirational thoughts. We'll share.
4. Remember to send in covers for your new releases. I'll be recycling until I get new. :)

Inspirational Thoughts

Courage is doing what you're afraid to do. There can be no courage unless you're scared.

Eddie Rickenacker

In order to succeed, we must first believe that we can.

Michael Korda

Whether you think you can or think you can't--you're right.

Henry Ford

New Officers for 2021-2022

Thanks to our members willing to serve on the NT Board. They are:

President-Elect—Chrissy Szarek

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Membership Director—Carolyn Williamson
Communications Director—Marsha R. West
Program Director—Celia Naples
Contest Director—Kaylene Greenig



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